

30 DAYS OF: CHASTITY



30 Days Chastity is the second in our series of download-able personal challenges each with a flavour of discipline, bondage, submission, kink, fetishness, dominance or chastity.

Use this download pdf for your personal reference or take part and share your answers with others in the [Tickleberry Forum](#)

A thirty day personal challenge

30 DAYS OF CHASTITY

The Full Set of Questions

You may have already downloaded our “30 Day of Kink” or perhaps you’ve seen the “30 Days of Submission” on a variety of personal blogs and discovered they not quite as Chastity specific for your own life style. So based on the Kink and Submission 30 Days, we’ve put together the first “Thirty Days of Chastity”.

The questions can be replied to if you’re in chastity, whether you’re male or female, a keyholder, or if you’re someone interested but has not yet experienced chastity.

There’s no right or wrong answers. The replies are what’s right for you, your partner and your life-style. Do them when you feel comfortable, or when you need to give your mind a break from every-day life. You can compile your replies in order or answer them as and when you please. If you’d like to share your responses with others we have a forum dedicated to the 30 Days of Chastity.

30 Days of Chastity: [Chastity 30 Days](#)

General Chastity Forum [All things chastity](#)

Main Tickleberry Forum: [Welcome](#)

If you’d like to get in touch with us email hi@tickleberry.co.uk

If you’re new to chastity and would like to discover more take a peek at the extensive [Chastity Section](#) we have on our website, or alternatively feast your eyes on our [Male Chastity Gallery](#) of our own full size photos.

Thirty Days of Chastity ...

THE QUESTIONS : PAGE 1 OF 3

By Saskia Zenn & Mark Tomblesen - Tickleberry.co.uk

◆ DAY 1 : YOU...

What does Chastity mean to you? Give us an idea of how it shapes you and your relationships. Are you in Chastity or is your partner?

◆ DAY 2 : YOUR CHASTITY...

What sort of device or belt do you (or your partner) wear. What are your likes and dislikes about it. If you don't currently wear a chastity device or belt what design would you like and why?

◆ DAY 3 : BEGINNINGS...

How did you get into Chastity? Write about any experiences that, in retrospect, hinted at your kinks.

◆ DAY 4 : PARTNERS...

Did you suggest that you be locked in chastity to your partner, or did she/he suggest it to you? Write about that first conversation.

◆ DAY 5 : YOUR FIRST TIME...

What was your first time in Chastity like? How long were you locked in? What did it feel like and what happened on your release? If you are the Keyholder, what was it like for you?

◆ DAY 6 : FANTASIES...

Describe your weirdest/most interesting Chastity fantasy.

◆ DAY 7 : YOUR TOYBOX...

What's your favourite toy or item of equipment (excluding your chastity belt or device) that you use during chastity play?

◆ DAY 8 : LOOK!

Post a Chastity image you find erotic. Briefly describe what arouses you most in the image or why it represents chastity to you.

◆ DAY 9 : LISTEN...

Post a Chastity related song or music video you enjoy. If it isn't directly chastity related then explain what it means to you? Is it part of your Chastity ritual?

◆ DAY 10 : HOW LONG...

What's the longest you (or your partner) have been locked in? What's your goal?

Thirty Days of Chastity ... Questions

THE QUESTIONS : PAGE 2 OF 3

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◆ Day 11: WHAT DO YOU THINK ABOUT...

What are your views on Chastity as a lifestyle choice? Would you advocate it, or is it purely an element of play for short periods only? Which is best for your life-style?

◆ Day 12: "I THOUGHT YOU HAD THE KEYS..."

Write about a humorous chastity experience you've had. If you haven't had one, write about aspects of kink/ BDSM you find funny.

◆ Day 13: TRUST...

Have you ever broken out of your device without permission, or before the agreed time? If you're the keyholder did your partner do this? What happened and how did you feel about it?

◆ Day 14: DISCRETION...

How do you keep your Chastity Lifestyle or play from family, friends and colleagues? Has anyone found out? What happened?

◆ DAY 15: FIDELITY...

Has disloyalty, either through infidelity or unauthorised masturbation, played a part in your Chastity relationship? How?

◆ DAY 16: DIFFICULTIES...

What are, for you personally, the most difficult aspects of having a life-style or relationship that involves chastity?

◆ DAY 17: "IT'S NOT LIKE THAT ..."

What misconception about chastity would you most like to clear up? How do you think the general population understand chastity?

◆ DAY 18: GOING BACK...

Could you (or your partner) ever go back to a relationship without some form of Chastity?

◆ DAY 19: LIFE CHANGING...

Are there any unexpected ways Chastity has improved your life? If so, what are they?

◆ DAY 20: JUST CURIOUS...

What tips and advice would you give to someone you had just recently become interested in Chastity and a Chastity Lifestyle?.

Thirty Days of Chastity ... Questions

THE QUESTIONS : PAGE 3 OF 3

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◆ Day 21: KEYS ON ICE...

How do you deal with the need for key access in an emergency? Wax? Ice? Left-Luggage Locker? If you've ever had to use your emergency key write about what happened.

◆ DAY 22: RELATIONSHIPS...

What do you think is important in keeping a Chastity relationship healthy? Would this be any different in a non-Chastity relationship?

◆ DAY 23: PERSPECTIVES...

Since you first developed an interest in Chastity has your outlook on life changed? Are these changes good or bad?

◆ DAY 24: PARTNERS...

How has Chastity changed your view of your partner? What about your feelings for them?

◆ DAY 25: "ACTUALLY, I'M INTO..."

How open are you about your chastity and being locked up?

◆ DAY 26: CONFESSIONS...

What's the worst Chastity transgression you or your partner have ever had to admit to?

◆ DAY 27: "WELL, IT'S NOT GOING TO LICK ITSELF, IS IT? !..."

How do you like to be serve/be served? What really turns you on in Chastity games?

◆ DAY 28: "OOOH SUIT YOU!..."

How do you keep your device discreet under clothing? Any embarrassing moments at airports etc?

◆ DAY 29: FUN AND GAMES...

What is your favourite Chastity Game? What does it involve, and how often do you play it?

◆ DAY 30: LETTING YOU OUT...

OK, the padlock's off now. Write about any Chastity related subject you like. Or create a list of chastity related things.



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